

How to Use This Curriculum—Introduction/Welcome

WELCOME to the coaches and leaders who will guide students in the sport of Olympic style archery.

The Curriculum Revised

Each page in the curriculum represents a different activity practice for 16 weeks—a single front and back page for each weekly practice. (Practices can be repeated more than once during the season.)

The front page will always have an overview of the activity that will include:

- ▶ **Value/Theme (color coded)**
- ▶ **An introductory Game/Activity that corresponds with the Value/Theme**
- ▶ **An overview of the Activity/Lesson of the day**
- ▶ **Range Setup**
- ▶ **Debrief Question Preview**
- ▶ **Rules or guidelines to be reviewed**

Acknowledgments:

Easton Foundations

The 40 Developmental Assets® may be reproduced for educational, noncommercial uses only. Copyright © 1997 Search Institute®, 615 First Avenue NE, Suite 125, Minneapolis, MN 55413; 800-888-7828; www.search-institute.org. All rights reserved.

Steps of NTS—USA Archery

Curriculum Redesign—Al Ferreira



The back of the page will always have the actual plan for use with participants. Activity and Drill times are suggested. Activity plan will include:

- ▶ **Activity assignments**
- ▶ **Practice guidelines**
- ▶ **Drills**
- ▶ **Materials**
- ▶ **Definitions**
- ▶ **Procedure**
- ▶ **Debrief Question**
- ▶ **Values Quote**
- ▶ **Preview for Next Practice**



The back of the curriculum has additional resources including:

- ▶ **Additional Introductory Games**
- ▶ **Additional Values Based Group Activities**
- ▶ **Additional Values Quotes**

